

# 2023 PacificSource Medicare Advantage Plan Information

Thank you for your interest in applying for the PacificSource Medicare Advantage plan. Below are links to the items which are part of the Enrollment Packet you would receive if we were to mail it to you. Please take note and make sure to review the information. You will be receiving an "Enrollment Verification Call" from PacificSource within 7 days of the application receipt.

## Enrollment Packet – click links below to view the information

Plan Rating: [HMO](#) / [PPO](#)

[Apply Online](#)

Summary of Benefits: / [MyCare Rx 40](#) / [MyCare Rx 34](#) / [MyCare Rx 30](#) / [Essentials 2](#) / [Essentials Choice Rx 14](#) / [Essentials Rx 6](#) / [Essentials Rx 27](#) / [Essentials Rx 36](#) / [Essentials Rx 41](#) / [Essentials Rx 42](#) / [Explorer Rx 4](#) / [Explorer Rx 7](#) / [Explorer 8](#) /

[Provider Directory](#)

[Pharmacy Directory](#)

[Formulary](#)

## Initial Enrollment Period (IEP)

If you are new to Medicare, you can enroll during your Initial Enrollment Period (IEP); the three months before, the month of, and the three months after your Part B effective date. Once you have been enrolled in a Medicare Plan, you can only make changes during the Annual Enrollment Period (AEP). Please be aware of the AEP dates are now October 15<sup>th</sup> to December 7<sup>th</sup>. This will give you a January 1<sup>st</sup> effective date for your new plan.

## Annual Enrollment Period (AEP)

Applications must be signed and dated on, or between October 15<sup>th</sup> and December 7<sup>th</sup>. ***If they are signed prior to October 15<sup>th</sup> they will be returned to you with a new application.*** If they are received after December 7<sup>th</sup>, you will not be able to change plans until the next AEP for January of the following year.

## Special Enrollment Period (SEP)

There are a number of reasons for Special Enrollments; Loss of a job that provides benefits, death of a spouse who's plan provided benefits, moving to an area where your old plan is not available, etc...

Once you submit your application to us, we will review your application for completeness and accuracy before we submit it to the company. You may fax, upload, email or mail your application in to CDA Insurance:

CDA Insurance LLC  
PO Box 26540  
Eugene, Oregon 97402

Fax: 1.541.284.2994 or 888.632.5470  
Secure File Upload: [Click here](#)  
Email: [cs@cda-insurance.com](mailto:cs@cda-insurance.com)

If you should have any questions on the application, please call a licensed insurance agent at 1.800.884.2343 or 1.541.434.9613. Our website: <https://medicare-oregon.com/>

Y0062\_MULTIPLAN\_CDA INSURANCE Oregon 2023 (Pending)



# Summary of Benefits 2023

## MyCare Rx 40 (HMO)

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# Things to Know About PacificSource Medicare MyCare Rx 40 (HMO)



## Who can join?

To join **PacificSource Medicare MyCare Rx 40 (HMO)**, you must be entitled to Medicare Part A, be enrolled in Medicare Part B, and live in our service area. Our service area includes the following: **Oregon:** Clackamas, Multnomah, and Washington counties. **Washington:** Clark county.

## Which doctors, hospitals, and pharmacies can I use?

You can see our plan's **provider directory** on our website, [www.Medicare.PacificSource.com/Search/Provider](http://www.Medicare.PacificSource.com/Search/Provider).

Our plan's **pharmacy directory** is also on our website, [www.Medicare.PacificSource.com/Search/Pharmacy](http://www.Medicare.PacificSource.com/Search/Pharmacy).

If you would like a copy mailed to you, please call us.

## What prescription drugs are covered?

You can see the complete plan **formulary** (list of Part D prescription drugs), and any restrictions on our website, [www.Medicare.PacificSource.com/Search/Drug](http://www.Medicare.PacificSource.com/Search/Drug).

If you would like a copy mailed to you, please call us.

# Summary of Benefits:

January 1, 2023–December 31, 2023



## This is a summary of costs for drug and medical services covered by PacificSource Medicare for the MyCare Rx 40 (HMO) plan.

The benefit information provided is a summary of what we cover and what you pay. It doesn't list every service that we cover or list every limitation or exclusion. Plans may offer supplemental benefits in addition to Part C benefits and Part D benefits. To get a complete list of services we cover, call us and ask for the "Evidence of Coverage."

If you want to compare our plans with other Medicare health plans, ask the other plans for their Summary of Benefits booklets or use the Medicare Plan Finder on [www.Medicare.gov](http://www.Medicare.gov).

If you want to know more about the coverage and costs of Original Medicare, look in your current "Medicare & You" handbook. View it online at [www.Medicare.gov](http://www.Medicare.gov) or get a copy by calling 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users should call 1-877-486-2048.

# Contact Us



**Toll-free: 888-530-1428 | TTY: 711. We accept all relay calls.**

Oct. 1 to Mar. 31: 7 days a week | 8 a.m. to 8 p.m. Local time

Apr. 1 to Sept. 30: Mon. to Fri. | 8 a.m. to 8 p.m. Local time

**[www.Medicare.PacificSource.com](http://www.Medicare.PacificSource.com)**

		<b>MYCARE RX 40 (HMO)</b>
		<b>You Pay</b>
<b>Monthly Premium</b>		
You must continue to pay your Medicare Part B premium.		<b>\$0</b>
<b>Medical Deductible</b>		
		<b>\$0</b>
<b>Pharmacy Deductible</b>		
		<b>\$0</b>
<b>Out-of-pocket Maximum</b>		
The most you pay during the calendar year for in-network covered services.		<b>\$5,500</b>
<b>Inpatient Hospital Care</b>		
Our plan covers an unlimited number of days for an inpatient hospital stay. Prior authorization may be required depending on the procedure, except in urgent or emergent situations. Notification from your provider is required upon admission.		<b>\$380</b> per day for days 1–5 <b>\$0</b> for days 6 and beyond
<b>Outpatient Surgery</b>		
<b>Outpatient hospital or Ambulatory Surgical Center</b> Prior authorization is required for some services.		<b>\$235</b>
<b>Doctor's Office Visits</b>		
<b>Primary Care Physician (PCP)/Specialty</b> Prior authorization may be required for surgery or treatment services.		PCP - <b>\$0</b> Specialist - <b>\$30</b>
<b>Preventive Care</b>		
For Medicare-approved preventive care. Examples include an annual physical exam, flu shots, and various cancer screenings.		<b>\$0</b>
<b>Emergency Care</b>		
Copay waived if admitted to hospital within 72 hours. Includes Worldwide coverage.		<b>\$110</b>
<b>Urgently Needed Services</b>		
Includes Worldwide coverage.		<b>\$40</b>
<b>Diagnostic Radiology Services (such as MRIs and CT scans)</b>		
Prior authorization is required for advanced/complex, imaging such as: CT scan, MRI, PET scan, Nuclear Test.		CT Scan or Nuclear Test - <b>\$235</b> MRI or PET Scan - <b>\$320</b>
<b>Diagnostic Tests and Procedures</b>		
		<b>20%</b>
<b>Lab Services</b>		
Prior authorization is required for genetic testing and analysis.		A1c and Protime Testing - <b>\$0</b> Genetic Testing - <b>20%</b> All other Lab Services - <b>\$20</b>

**MYCARE RX 40 (HMO)****You Pay****Outpatient X-rays****\$15****Therapeutic Radiology Services**

Prior authorization is required for some radiation services.

**20%****Hearing Services**

Exam to diagnose and treat hearing and balance issues.

**\$35****TruHearing™**

Hearing Aids: Per aid (up to two per year).

Standard: **\$599**Advanced: **\$799**Premium: **\$999**

Routine hearing exam (up to one per year).

**\$0****Dental Services (Medicare Covered)**

For Medicare-covered dental services (this does not include services in connection with care, treatment, filling, removal, or replacement of teeth).

**\$35**

Prior authorization is required for nonroutine dental care.

**Dental Services (Routine)**

Routine dental services covered up to a combined \$1,750 annual maximum with in-network dental providers.

Coverage includes the following:

**Preventive Services:**

- Routine Exams - 2 per calendar year
- Cleanings - 3 per calendar year
- Bitewing x-rays - 2 per calendar year
- Full mouth x-ray, Conebeam, and/or Panorex - 1 per 5 years

**Restorative & Extraction Services:**

- Pulpotomy: deciduous teeth only
- Tooth desensitization
- Pulp capping (direct)
- Oral Surgery (simple extractions)
- Stainless steel crowns
- Core build up (tooth requires root canal therapy)
- Bone grafting (only covered at time of extraction or implant placement)
- Fillings - 1 every 2 calendar years
- Root planing/Perio Scaling - 1 every 2 calendar years per quad
- Debridement - 1 every 3 years not within 3 years of other prophylaxis
- Analgesia/Sedation: only with surgical procedures

Preventive Services: **\$0**Restorative & Extraction Services:  
**30%**

## MYCARE RX 40 (HMO)

### You Pay

#### Optional Supplemental Comprehensive Dental Plan

This plan can be purchased for an additional monthly premium and offers all the benefits included under Dental Services (Routine), plus more. This plan cannot be combined with other dental benefits. With this plan you can see any licensed dentist in the United States. Coverage includes:

##### Preventive Services:

- Routine Exams
- Bitewing x-rays
- Full mouth x-ray, Conebeam, and/or Panorex - 1 per 5 years
- Fluoride or Fluoride Varnish
- And more

##### Restorative & Extraction Services:

- Fillings - 1 per 2 calendar years
- Simple surgery
- Stainless steel crowns
- Removal of damaged tissue (debridement) - 1 per 3 years
- And more

##### Endodontics, Periodontics, Prosthodontics, Other Oral/Maxillofacial Surgery:

- Crowns, inlays, onlays, dentures, or bridges - 1 per 5 years
- Root canal therapy - 1 per 3 years per tooth
- Implants - 1 per tooth per lifetime
- Veneers
- Complex surgery
- And more

Monthly premium: **\$57** (in addition to your monthly plan premium of \$0)

**\$2,000** annual benefit limit for combined services

Preventive Services: **\$0**

Restorative & Extraction Services: **20%**

Endodontics, Periodontics, Prosthodontics, Other Oral/Maxillofacial Surgery: **50%**

#### Vision Services

Medicare-covered eye exam to diagnose and treat glaucoma and diabetic retinopathy.

**\$0**

Routine eye exam, one every calendar year.

**\$0**

Eyeglasses or contact lenses after cataract surgery. This is a limited benefit and only includes basic frames, lenses, or contact lenses.

**\$0**

Reimbursement every 2 years for routine prescription eyeglasses or contact lenses.

**\$200 reimbursement**

#### Mental Health Care

##### **Inpatient Services**

Prior authorization is required except in an emergency. Notification from your provider is required upon admission.

**\$330** per day for days 1–5

**\$0** for days 6 and beyond

190-day lifetime limit for inpatient care not provided in a general hospital.

##### **Outpatient Services**

Per group or individual therapy visit

**\$35**

**MYCARE RX 40 (HMO)****You Pay****Skilled Nursing Facility (SNF)**

Prior authorization is required. Limited up to 100 days per benefit period. No prior hospital stay is required.

**\$0** per day for days 1–20  
**\$196** per day for days 21–100

**Physical Therapy**

Prior authorization is required for services beyond \$3,000 for physical therapy and speech therapy combined.

**\$30**

**Ambulance**

Per one-way transport. Prior authorization is required for nonemergency transportation. Includes Worldwide coverage.

**\$325**

**Transportation**

Not covered

**Part B Drug Coverage**

Prior authorization or step therapy is required for some drugs.

**20%**

# Prescription Drug Benefits



<b>MYCARE RX 40 (HMO)</b>															
<b>Stage 1</b>															
<b>Pharmacy Deductible</b>	<b>\$0</b>														
<b>Stage 2</b>															
When the total drug costs are between <b>\$0</b> and <b>\$4,660</b> , you pay:															
<b>Retail Pharmacy (30-day supply)</b>	<table border="1" style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th style="width: 50%; text-align: center;">Preferred Pharmacy</th> <th style="width: 50%; text-align: center;">Standard Pharmacy</th> </tr> </thead> <tbody> <tr> <td><b>Tier 1</b> Preferred Generic</td> <td style="text-align: center;"><b>\$0</b></td> </tr> <tr> <td><b>Tier 2</b> Generic</td> <td style="text-align: center;"><b>\$9</b></td> </tr> <tr> <td><b>Tier 3</b> Preferred Brand</td> <td style="text-align: center;"><b>\$39</b></td> </tr> <tr> <td><b>Tier 4</b> Non-preferred</td> <td style="text-align: center;"><b>31%</b></td> </tr> <tr> <td><b>Tier 5</b> Specialty Tier</td> <td style="text-align: center;"><b>33%</b> (30-day supply only)</td> </tr> <tr> <td><b>Tier 6</b> Select Care</td> <td style="text-align: center;"><b>\$0</b></td> </tr> </tbody> </table>	Preferred Pharmacy	Standard Pharmacy	<b>Tier 1</b> Preferred Generic	<b>\$0</b>	<b>Tier 2</b> Generic	<b>\$9</b>	<b>Tier 3</b> Preferred Brand	<b>\$39</b>	<b>Tier 4</b> Non-preferred	<b>31%</b>	<b>Tier 5</b> Specialty Tier	<b>33%</b> (30-day supply only)	<b>Tier 6</b> Select Care	<b>\$0</b>
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<b>Tier 6</b> Select Care	<b>\$0</b>														
<b>Stage 3</b>															
After total drug costs reach <b>\$4,660</b> , you pay:															
<b>Tiers 1, 2, 3, 4, and 5</b>	<b>25%</b>														
<b>Tier 6</b> Select Care	<b>\$0</b>														
	See the list of covered drugs to determine which drugs are included.														
<b>Stage 4</b>															
After your out-of-pocket costs reach <b>\$7,400</b> , the maximum you pay until the end of the calendar year is:															
	Whichever is the larger amount:														
<b>All Covered Drugs</b>	<b>5%</b> of the cost OR <b>\$4.15</b> for generic drugs <b>\$10.35</b> all other drugs														



## Save even more with Mail Order:

Receive a 90-day supply for the same cost as a 60-day supply for medications in Tiers 1, 2, 3 & 6, through CVS Caremark (our preferred mail-order pharmacy).

### Other benefits of our mail order service:

- Free shipping
- Auto-refills available
- \$0 copay for Preferred Generic (Tier 1) drugs.

Cost-sharing may differ relative to the pharmacy's status as preferred or standard, mail-order, Long Term Care (LTC) or home infusion, and 30-, 60-, or 90-day supply.



# Additional Benefits and Programs not included above



	You Pay
<b>Alternative Care</b>	
Non-Medicare covered acupuncture, naturopathy, and non-Medicare covered chiropractic care. Combined total of 24 visits per calendar year.	<b>\$25</b>
<b>Meal Benefit</b>	
Up to 2 meals per day for 7 days (total of 14 meals) after a recent inpatient stay in a hospital or nursing facility.	<b>\$0</b>
<b>Over-the-Counter (OTC) Drug Coverage</b>	
OTC medications and/or health related items through NationsOTC	<b>\$25 per Quarter</b>
<b>Silver&amp;Fit® Healthy Aging and Exercise Program</b>	
<p>Including but not limited to the following options:</p> <ul style="list-style-type: none"> <li>• A fitness center membership at participating exercise centers,</li> <li>• A Home Fitness kit including options like a wearable fitness tracker or a strength kit.</li> <li>• On-demand videos through the website and mobile app,</li> <li>• Healthy Aging Coaching sessions by telephone,</li> <li>• The Silver&amp;Fit Connected™ tool for tracking your activity</li> </ul>	<b>\$0</b>
<b>Telehealth Services</b>	
Care through phone or video for PCP visits, Specialist visits, Outpatient Rehabilitation services (Physical Therapy, Occupational Therapy, Speech Therapy), and Outpatient Mental Health Care. Please coordinate with your provider for these services.	Telehealth services are provided at the same cost share as an in-person visit.
<b>Rewards and Incentives</b>	
<p>When you complete one or more of the activities listed in the calendar year, you will receive a certificate by mail redeemable for a gift card at a variety of popular retailers. Limit one reward per eligible activity completed in the calendar year unless otherwise specified.</p>	
<ul style="list-style-type: none"> <li>• Routine physical or annual wellness visit: <b>\$50</b></li> <li>• Mammogram: <b>\$25</b></li> <li>• Diabetic A1c (blood glucose test): <b>First test: \$15; Second test: \$25</b></li> </ul>	<ul style="list-style-type: none"> <li>• Diabetic eye exam: <b>\$25</b></li> <li>• Flu Shot: <b>\$10</b></li> <li>• DEXA Scan: <b>\$20</b></li> <li>• Colonoscopy or Fit kit: <b>\$20</b></li> </ul>

PacificSource Community Health Plan is an HMO, HMO D-SNP, and PPO plan with a Medicare contract and a contract with Oregon Health Plan (Medicaid). Enrollment in PacificSource Medicare depends on contract renewal. Other pharmacies and providers are available in our network.

Accessibility help: For assistance reading this document, please call us at 888-863-3637, TTY: 711. We accept all relay calls.